

# Confidential Intake Questionnaire

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Present Age: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Referred by: \_\_\_\_\_ Marital Status/History: \_\_\_\_\_

## Emergency Contact

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

## Personal History

Educational Background (degrees, certifications, training): \_\_\_\_\_

Occupation: \_\_\_\_\_

Family/Others You Grew up With

Name	Relationship	Age

Employer: \_\_\_\_\_

Family/Others You Currently Live With

Name	Relationship	Age

For what questions or concerns are you currently seeking help? \_\_\_\_\_

List three ways you would like your life to be different one year from now:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## Medical History

Are you currently taking medication? \_\_\_\_\_

If yes, what type/effects? \_\_\_\_\_

Do you use alcohol? \_\_\_\_\_ If yes, weekly frequency/amount? \_\_\_\_\_

Do you use other drugs? \_\_\_\_\_ If yes, type/frequency/effect? \_\_\_\_\_



Do you have any allergies? \_\_\_\_\_

Do you have a medical condition I should be aware of? \_\_\_\_\_

Are you currently receiving care from any medical practitioner or alternative health care provider (acupuncturist, body worker, chiropractor, psychic, etc.)? If yes, please describe: \_\_\_\_\_

Past Counseling/Psychotherapy/Hypnotherapy History (Type, Date, and Duration):  
\_\_\_\_\_  
\_\_\_\_\_

Is there any history of sexual or other abuse/trauma in your life? \_\_\_\_\_

Have you ever attempted suicide? \_\_\_\_\_

Are you currently having suicidal thoughts? \_\_\_\_\_

Religious/Spiritual Background/Orientation

Growing up: \_\_\_\_\_ Currently: \_\_\_\_\_

What do you believe in that gives meaning to your life? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### **Hypnotherapy Session Rate: \$120**

I reserve a number of spaces for activists and low-income clients at a reduced fee. Please be assured that everyone receives the same attention and care.

### **Reiki Session Rate: \$80**

I reserve a number of spaces for activists and low-income clients at a reduced fee. Please be assured that everyone receives the same attention and care.

### **Combined Session Rate (hypnotherapy & reiki): \$120**

In my practice I use Hypnotherapy by itself or combine it with Reiki, based on your personal choices and needs. The combined approach is especially helpful for physical manifestations of emotional issues or for supporting deep inner healing.

**Cancellation Policy:** If you need to cancel or reschedule an appointment please give me 24 hours notice to avoid being charged for a missed session. **Payment Policy:** Sessions are 60 minutes long and are \$120 for Hypnotherapy or combination sessions and \$80 for Reiki only. I accept cash or check payment, if you would like to pay with a credit card, you may do so by paying in advance via paypal, additional fee of 2.75% for credit card payments. **Health Insurance Information:** Hypnotherapy is not 3rd party billable, however, many Employee Flex Plans may reimburse you for hypnotherapy sessions. Please check your plan for details.

