

HYPNOTHERAPY & REIKI FOR MIND, BODY AND SOUL

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**REIKI SERVICES AGREEMENT: Client Information
and Release Form**

Reiki (pronounced RAY-key) means **universal life energy** in Japanese. The art of Reiki is a system of gentle vibrational healing that was established by Dr. Usui from Japan in the late 19th century and is becoming increasingly popular in the western world.

Reiki can greatly improve health and well-being by working on the physical, mental, emotional, and spiritual level at the same time. This healing modality treats the whole person, revitalizing the body's own healing potential by restoring greater balance and allowing the natural life force to flow more freely.

Reiki is practiced with gentle hands-on, or by simply working the energy above the body, while lying on the massage table wearing loose, comfortable clothing. As the energy flows through the practitioner's hands to the client, the client may perceive a pulsing or tingling sensation, a feeling of warmth and comfort, or a sense of releasing previously-blocked emotions. Reiki can be used to reduce physical and emotional pain, to calm the mind and experience deep relaxation on all levels as well as improve immune and nervous system functioning.

However, I understand that REIKI is NOT a substitute for medical and other health care treatments. I also understand that Reiki practitioners do not diagnose conditions or claim to cure specific illnesses. They neither prescribe substances or perform medical treatment, nor interfere with the treatment of a licensed medical professional. It is recommended that I see a licensed physician, or licensed health care professional for any physical or psychological ailment I have. I will not hold the above Reiki practitioner liable for any pain or distress, physical or emotional, which may arise in the course of my Reiki treatments with her.

Signature _____

Date _____